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MATERIA: Lingua Inglese (ore settimanali: 2); Educazione Civica 4 ore totali

CLASSE: 3ASS 2[^]APD (Serale) SOCIO SANITARIO

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Libro di testo:

GROWING INTO OLD AGE – Skills and Competencies for Social Services Careers

Second edition

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Edizione CLITT- Zanichelli

ARGOMENTI:

Unit 1 THE HUMAN BODY AND HOW IT WORKS

1 the human body

- 1.1 The external parts of the human body
- 1.2 Inside the human body
- 1.3 Body systems
 - 1.3.1 the respiratory system
 - 1.3.2 The digestive system
 - 1.3.3 The circulatory system – Cardiac arrhythmia
 - 1.3.4 The muscular system
 - 1.3.5 the nervous system
 - 1.3.6 the reproductive system

2 Nutrition

- 2.1 A balanced diet
 - 2.1.1 five food groups
 - 2.1.2 protein foods
 - 2.1.3 dairy
 - 2.1.4 fuel for the body
 - 2.1.5 the eatwell guide
 - 2.1.6 the Mediterranean diet
- 2.2 Vitamins to keep your immune system strong
 - 2.2.1 vitamins
- 2.3 fuel for growth

- 2.3.1 ten easy ways to improve your diet

From theory to practice

- Healthcare in Italy and in the UK
- How generation Z relates to food
- Healthy eating during adolescence
- What are trans fats?
- What is hunger?

To go deeper:

- Idioms with parts of the body
- The diseases of bones and joints
- Other body systems: the immune system, the urinary system, the endocrine system

Unit 2 FROM INFANCY TO EARLY CHILDHOOD

1 Children basic needs

- 1.1 sleeping patterns

2 Sensory, psychomotor, affective, social and psychological development in children

- 2.1 a rapid and continuous growth
 - 2.1.1 the second year
 - 2.1.2 the third year
 - 2.1.3 tantrums
- 2.2 Anxieties, fears and phobias
 - 2.2.1 what are phobias?

3 Child nutrition

- 3.1 from birth to 6 months
 - 3.1.1 breastfeeding
 - 3.1.2 breastfeeding vs. formula feeding
- 3.2 weaning

4 Common childhood diseases

- 4.1 minor illnesses
- 4.2 contagious childhood diseases
- 4.3 vaccines

5 Childcare options and education system in the UK and USA

- 5.1 childcare options
 - 5.1.1 in-home care
 - 5.1.2 out-of-home care: day nurseries – crèches – children's centres
 - 5.1.3 pre-schools
- 5.2 School systems in the UK and the USA
 - 5.2.1 the British school system
 - 5.2.2 The American school system

6 Psychological development theories

- 6.1 Freud's psychoanalytic theories
 - 6.1.1 The unconscious mind
 - 6.1.2 Psychosexual stages
 - 6.1.3 Dream analysis
- 6.2 Piaget's theory of cognitive development

- 6.3 Erikson's stages of psychological development
- 6.4 Gardner's theory of multiple intelligences

Unit 3 ADOLESCENCE AN AGE OF TRANSITION

1 From childhood to adolescence

- 1.1 the delicate stages of adolescence: early, middle, late adolescence

2 Risky behaviour

- 2.1 alcohol addiction
 - 2.1.1 signs of alcohol dependence
- 2.2 types of drugs
- 2.3 Young people and tobacco
 - 2.3.1 why do kids and teens start smoking?
 - 2.3.2 Health effects of smoking among young people
- 2.4 Ludopathy and compulsive buying disorder
- 2.5 Conscious sexuality: sexually transmitted diseases – AIDS

3 Hot issues

- 3.1 contraception and pregnancy prevention
- 3.2 eating disorders: anorexia and bulimia

4 Unacceptable behaviour

- 4.1 bullying
- 4.2 happy slapping

Language points to remember

- Present simple
- Key words for writing
- Who, whom, whose
- Question words
- Comparatives of majority, minority and equality
- Past simple
- Present perfect simple

UDA INTERDISCIPLINARE:

“Lavorare in sicurezza per l'ambiente”

EDUCAZIONE CIVICA:

UDA 1 AMBIENTE E SVILUPPO SOSTENIBILE

Il docente
Prof.ssa Paola De Maria