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MATERIA: Lingua Inglese (ore settimanali: 2); Educazione Civica 2 ore totali

CLASSE: 5ASS 3[^]APD (Serale) SOCIO SANITARIO

ANNO SCOLASTICO: 2022/2023

DOCENTE: DE MARIA PAOLA

Libro di testo:

GROWING INTO OLD AGE – Skills and Competencies for Social Services Careers

Second edition

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Edizione CLITT- Zanichelli

ARGOMENTI:

Unit 1 **GROWING OLD**

1 What does getting old mean?

- 1.1 Ageing, senescence, senility
- 1.1.1. Types of ageing
- 1.1.2 Different attitudes towards ageing
- 1.1.3 Importance of social activities for older adults
- 1.2 Healthy ageing
- 1.2.1 Myths about healthy ageing
- 1.2.2 How to keep the mind sharp in old age
- 1.3 A balanced diet

2 Minor Problem of Old Age

- 2.1 Diseases of bones and joints
- 2.1.1 Osteoporosis
- 2.1.2 Arthritis
- 2.2 Vision and hearing problems
- 2.2.1 Presbyopia: "the ageing eye"
- 2.2.2 Eye cataracts and glaucoma
- 2.2.3 Presbycusis
- **To go deeper:**
- About falls
- Depression in older adults and the elderly
- Dementia vs. depression in elderly
- Normal memory loss vs. dementia
- Urinary incontinence

- Menopause

3 Major Diseases of old age

- 3.1 Alzheimer's disease
- 3.2 Parkinson's disease
- 3.3 Cardiovascular diseases

4 Senior housing options

- 4.1 Different types of eldercare and care homes
- 4.1.1 Hourly care
- 4.1.2 Live-in-care
- 4.1.3 Independent living facilities
- 4.1.4 Assisted living facilities
- 4.1.5 Nursing homes

Unit 2 DEALING WITH A HANDICAP

- 1 Autism and Down Syndrome
- 1.1 Autism
- 1.1.1 Causes of autism
- 1.2 Down Syndrome
- 1.2.1 How Down syndrome affects children
- 2 Epilepsy
- 3 Learning disabilities
- 3.1 Dyslexia and dysgraphia
- 3.2 Dyscalculia
- 3.3 Attention -deficit/hyperactivity disorder (ADHD)
- Disorthography
- 4 Facing the challenge
- 4.1 Children and adults with "special needs"
- 4.2 Inclusive education
- **To go deeper:**
- Treating autism spectrum disorder
- alternative treatments for autism
- Individualized education program (IEP)
- Personalized education plan (PEP)

Unit 3 JOB HUNTING

- 1 Careers in social work
- 1.1 Working with children
- 1.2 working with adults and dependent persons
- 2 Searching for jobs: the 3 best ways to find jobs online and offline
- 3 Establishing good relationships through different types of communication
- 3.1 Elements of the communication process
- 3.2 Types of communication
- 3.3 Communication in health and social care
- 3.4 professional secrecy

Language points to remember

- Must, ought to, should, have to, had (not) better
- Connectors: finally, eventually, in the end

UDA interdisciplinare: “Lavorare in sicurezza: sicurezza dell’utente finale intesa come tutela delle fragilità”

Curricolo trasversale di educazione civica: UDA 2 educazione stradale. (2 ore)

- the road is for everyone;
- there are no do-overs in life;
- seatbelt;
- no drugs and drinks.

Il presente documento è stato condiviso con gli alunni, letto e controfirmato in classe il:

07/06/2023 a Brindisi

Gli Alunni

Il docente
Prof.ssa Paola De Maria