

**ISTITUTO PROFESSIONALE DI STATO PER I SERVIZI SOCIALI**

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**72100 B R I N D I S I**

MATERIA: Lingua Inglese (ore settimanali: 2).

CLASSE: 3B PD (Serale)

ANNO SCOLASTICO: 2021/2022

DOCENTE: MATTIA ARNESANO

Libro di testo:

GROWING INTO OLD AGE – Skills and Competencies for Social Services Careers

Autori: Patrizia Revellino, Giovanna Schinardi, Emilie Tellier

Edizione CLITT

Argomenti di microlingua:

Unit 1

**Growing old – Healthy Aging**

* When does old age begin?
* Staying healthy as you age
* Tips for keeping the mind sharp
* A balanced nutrition
* Menopause

Unit 2

**Growing old – Minor Problem of Old Age**

* Depression and illness in older adults and the elderly (Dementia vs. depression in the elderly)
* Age-related memory loss (Normal memory loss vs. dementia)
* How aging affects the skin
* Aging changes in the bones muscles and joints

Unit 3

**Growing old –Major Diseases**

* Alzheimer’s disease
* Parkinson’s disease
* Cardiovascular disease

Unit 4

**Care settings**

* Independent living retirement community
* Assisted living facilities
* Nursing homes

Unit 5

**Severe Disabilities**

* Down Syndrome
* Autism
* Epilepsy

**Language points to remember**

* Past simple and Past continuous
* Passive form

 Il docente



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